



Athlete		Miles	Race	Time	Points
Ciara Greene	F				30
	13/07/2025	6.21	Blackpool Music Run 10k	00:53:41	30
Maddy Markham	F				122
	24/04/2025	5.00	Spring Farm Yard Five	00:37:05	65
	13/04/2025	6.21	Lancaster Three Bridges	00:48:15	57
Sarah Beck	F				223
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:35:44	73
	28/05/2025	6.21	Wesham Summer 10k	00:43:33	79
	09/11/2025	6.21	Windmill 10k	00:45:19	71
Gillian Anderson	F35				163
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:43:41	25
	29/11/2025	6.21	Wesham 10k	00:49:02	53
	01/02/2026	6.21	Blackburn Winter Warmer	00:51:41	40
	25/01/2026	10.00	St Annes 10	01:23:28	45
Jayne Kirkham	F35				47
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:43:54	24
	09/11/2025	6.21	Windmill 10k	00:55:18	23
Leanne Nield	F35				89
	28/11/2025	3.11	Power of 5k (November)	00:20:08	89
Vicki Richardson	F35				3
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:47:22	3
	22/06/2025	13.10	Freckleton Half	02:23:51	0
	27/04/2025	26.20	TCM London Marathon	05:10:47	0

Athlete	Miles	Race	Time	Points
<b>Ginny Hester-See</b>	<b>F45</b>			<b>0</b>
	27/04/2025	26.20 TCM London Marathon	05:29:29	0
<b>Luisa Haylett</b>	<b>F45</b>			<b>104</b>
	28/05/2025	6.21 Wesham Summer 10k	00:49:10	52
	29/11/2025	6.21 Wesham 10k	00:49:18	52
<b>Xavia Cooper</b>	<b>F45</b>		<b>Qualified</b>	<b>251</b>
	28/11/2025	3.11 Power of 5k (November)	00:23:21	58
	28/05/2025	6.21 Wesham Summer 10k	00:49:36	50
	09/11/2025	6.21 Windmill 10k	00:49:58	48
	07/12/2025	10.00 Myerscough 10	01:21:45	50
	15/02/2026	13.10 Great North West Half	01:51:19	45
<b>Catherine Carrdus</b>	<b>F50</b>		<b>Qualified</b>	<b>229</b>
	21/09/2025	6.21 Guilden Sutton 10k	00:50:29	46
	07/12/2025	6.21 Ulverston 10k	00:52:34	36
	25/01/2026	10.00 St Annes 10	01:22:37	48
	15/02/2026	13.10 Great North West Half	01:50:28	47
	27/04/2025	26.20 TCM London Marathon	03:52:24	52
<b>Claire Markham</b>	<b>F50</b>			<b>142</b>
	24/04/2025	5.00 Spring Farm Yard Five	00:39:28	51
	26/10/2025	6.21 Pendle Witches	00:50:24	46
	13/04/2025	6.21 Lancaster Three Bridges	00:50:33	45
<b>Kirsten Burnett</b>	<b>F50</b>			<b>7</b>
	24/04/2025	5.00 Spring Farm Yard Five	00:47:50	1
	13/04/2025	6.21 Lancaster Three Bridges	00:58:43	6

Athlete		Miles	Race	Time	Points
<b>Mel Koth</b>	<b>F50</b>				<b>260</b>
	01/02/2026	6.21	Blackburn Winter Warmer	00:47:34	60
	18/04/2025	10.00	Caldervale 10	01:17:14	64
	11/01/2026	13.10	Central Lancs Half	01:42:15	66
	27/04/2025	26.20	TCM London Marathon	03:36:24	70
<b>Jo Goorney</b>	<b>F55</b>				<b>70</b>
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:36:13	70
<b>Kathy Gaunt</b>	<b>F55</b>				<b>105</b>
	09/11/2025	6.21	Windmill 10k	00:47:59	58
	17/08/2025	13.10	Lancaster Riverside Half	01:50:30	47
<b>Julia Rolfe</b>	<b>F60</b>				<b>56</b>
	13/07/2025	3.11	Carnival 5k	00:28:12	11
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:46:19	10
	26/10/2025	6.21	Pendle Witches	00:56:13	18
	15/02/2026	6.21	Valentines 10k	00:56:25	17
<b>Sue Hawitt</b>	<b>F60</b>				<b>72</b>
	13/07/2025	3.11	Carnival 5k	00:27:53	14
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:42:56	30
	24/04/2025	5.00	Spring Farm Yard Five	00:43:11	28
<b>Barbara Holmes</b>	<b>F65</b>				<b>197</b>
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:39:32	50
	28/05/2025	6.21	Wesham Summer 10k	00:48:23	56
	22/02/2026	6.21	Stanley Park 10k	00:50:21	46
	17/08/2025	13.10	Lancaster Riverside Half	01:51:26	45
<b>Pam Hardman</b>	<b>F65</b>				<b>33</b>
	16/11/2025	10.00	Preston Harriers 10	01:27:35	33

Athlete		Miles	Race	Time	Points
Alistair Cave	M				324
	18/05/2025	3.11	3-1-5 Birthday 5k	00:20:40	84
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:35:01	77
	28/05/2025	6.21	Wesham Summer 10k	00:42:59	82
	29/11/2025	6.21	Wesham 10k	00:43:10	81
Callum White	M				10
	27/04/2025	26.20	TCM London Marathon	04:29:02	10
Charlie Ormerod	M				124
	28/12/2025	6.21	Ribble Valley 10k	00:34:12	124
Chris Cottam	M			Qualified	413
	15/02/2026	6.21	Valentines 10k	00:41:34	89
	29/11/2025	6.21	Wesham 10k	00:42:29	84
	07/12/2025	10.00	Myerscough 10	01:10:10	85
	25/01/2026	10.00	St Annes 10	01:10:51	83
	22/06/2025	13.10	Freckleton Half	01:39:38	72
Jack Atkin	M				85
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:33:44	85
Jake Rodwell	M			Qualified	613
	23/01/2026	3.11	Power of 5k	00:15:48	131
	28/11/2025	3.11	Power of 5k (November)	00:16:13	127
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:30:26	105
	15/02/2026	6.21	Valentines 10k	00:33:54	126
	12/10/2025	13.10	Manchester Half	01:16:54	124

Athlete		Miles	Race	Time	Points
<b>James Whittle</b>	<b>M</b>			<b>Qualified</b>	<b>558</b>
	23/01/2026	3.11	Power of 5k	00:17:21	116
	24/04/2025	5.00	Spring Farm Yard Five	00:28:57	114
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:29:33	110
	28/05/2025	6.21	Wesham Summer 10k	00:37:29	109
	22/06/2025	13.10	Freckleton Half	01:23:28	109
<b>Joe Greenwood</b>	<b>M</b>				<b>84</b>
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:33:52	84
<b>Jonny Ladd</b>	<b>M</b>				<b>99</b>
	15/02/2026	13.10	Run Media City Half	01:27:50	99
<b>Matt Lumby</b>	<b>M</b>				<b>289</b>
	16/08/2025	6.21	Run The Lights 10k	00:38:41	103
	12/10/2025	13.10	West Coast Half	01:28:01	98
	10/08/2025	13.10	Windmill Half	01:32:27	88
<b>Matthias Lindorfer</b>	<b>M</b>				<b>218</b>
	28/05/2025	6.21	Wesham Summer 10k	00:35:58	116
	31/08/2025	20.00	Golden Ball	02:18:19	102
<b>Mike Toft</b>	<b>M</b>				<b>538</b>
	25/07/2025	3.11	Power of 5k (July)	00:15:19	136
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:26:12	130
	28/05/2025	6.21	Wesham Summer 10k	00:32:42	132
	27/04/2025	26.20	TCM London Marathon	02:34:53	140
<b>Morgan Pritchard</b>	<b>M</b>				<b>185</b>
	13/07/2025	3.11	Carnival 5k	00:24:01	52
	19/10/2025	5.00	Green Drive Five	00:34:55	78
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:38:46	55

Athlete		Miles	Race	Time	Points
<b>Nathan Allcock</b>	<b>M</b>				<b>273</b>
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:32:34	92
	28/05/2025	6.21	Wesham Summer 10k	00:41:35	89
	31/08/2025	10.00	Riverside 10	01:07:43	92
<b>Ross McKelvie</b>	<b>M</b>				<b>481</b>
	13/07/2025	3.11	Carnival 5k	00:17:26	115
	19/10/2025	5.00	Green Drive Five	00:26:59	126
	24/04/2025	5.00	Spring Farm Yard Five	00:29:39	110
	26/10/2025	6.21	Pendle Witches	00:33:07	130
<b>Steven Pepper</b>	<b>M40</b>			<b>Qualified</b>	<b>444</b>
	24/04/2025	5.00	Spring Farm Yard Five	00:31:37	98
	24/06/2025	5.00	Thornton Cleveleys Interclub 2025	00:33:21	87
	13/07/2025	6.21	Wilmslow Summer 10k	00:42:08	86
	28/05/2025	6.21	Wesham Summer 10k	00:42:11	86
	22/06/2025	13.10	Freckleton Half	01:32:51	87
<b>Ben Constable</b>	<b>M45</b>				<b>0</b>
	27/04/2025	26.20	TCM London Marathon	06:33:30	0
<b>Dom Kirby</b>	<b>M45</b>				<b>89</b>
	24/04/2025	5.00	Spring Farm Yard Five	00:33:07	89
<b>Greg Ashworth</b>	<b>M45</b>				<b>1</b>
	01/02/2026	6.21	Blackburn Winter Warmer	00:59:49	1
	22/06/2025	13.10	Freckleton Half	02:25:58	0

Athlete	Miles	Race	Time	Points
<b>Dan Gregson</b>	<b>M50</b>			<b>200</b>
	24/04/2025	5.00 Spring Farm Yard Five	00:39:57	48
	29/11/2025	6.21 Wesham 10k	00:48:36	55
	28/05/2025	6.21 Wesham Summer 10k	00:49:42	50
	07/12/2025	10.00 Myerscough 10	01:22:47	47
<b>Jonathan Tuck</b>	<b>M50</b>			<b>95</b>
	24/06/2025	5.00 Thornton Cleveleys Interclub 2025	00:32:02	95
<b>Richard Storey</b>	<b>M50</b>			<b>87</b>
	24/06/2025	5.00 Thornton Cleveleys Interclub 2025	00:42:52	30
	11/05/2025	6.21 Blackstick Blue	00:55:48	20
	18/04/2025	10.00 Caldervale 10	01:34:55	11
	04/05/2025	13.10 Great Birmingham Half	01:59:25	26
<b>Dave Booth</b>	<b>M55</b>			<b>0</b>
	13/07/2025	3.11 Carnival 5k	00:32:16	0
	12/10/2025	13.10 Manchester Half	02:21:36	0
	27/04/2025	26.20 TCM London Marathon	05:47:08	0
<b>Greg Oulton</b>	<b>M55</b>			<b>38</b>
	24/06/2025	5.00 Thornton Cleveleys Interclub 2025	00:41:37	38
<b>Paul McAllister</b>	<b>M55</b>			<b>24</b>
	24/06/2025	5.00 Thornton Cleveleys Interclub 2025	00:44:34	20
	09/11/2025	6.21 Windmill 10k	00:59:13	4
<b>Peter Reid</b>	<b>M55</b>			<b>32</b>
	13/07/2025	3.11 Carnival 5k	00:28:00	13
	24/06/2025	5.00 Thornton Cleveleys Interclub 2025	00:44:42	19
	09/11/2025	6.21 Windmill 10k	01:00:00	0

Athlete	Miles	Race	Time	Points
<b>David McDonald</b>	<b>M60</b>			<b>25</b>
	15/02/2026	13.10 Great North West Half	01:59:52	25
<b>Stephen Rodwell</b>	<b>M60</b>		<b>Qualified</b>	<b>365</b>
	18/05/2025	3.11 3-1-5 Birthday 5k	00:22:01	71
	22/02/2026	6.21 Stanley Park 10k	00:44:35	74
	15/02/2026	6.21 Valentines 10k	00:44:45	73
	12/10/2025	13.10 Manchester Half	01:38:10	75
	02/11/2025	13.10 Lancaster Half	01:39:28	72
<b>Stephen Wise</b>	<b>M60</b>			<b>144</b>
	24/04/2025	5.00 Spring Farm Yard Five	00:37:49	61
	11/05/2025	6.21 Blackstick Blue	00:50:07	48
	09/11/2025	6.21 Windmill 10k	00:58:48	6
	07/12/2025	10.00 Myerscough 10	01:28:48	29
<b>Graham Cunliffe</b>	<b>M65</b>			<b>32</b>
	13/04/2025	6.21 Lancaster Three Bridges	00:53:18	32
<b>John Bertenshaw</b>	<b>M65</b>		<b>Qualified</b>	<b>241</b>
	21/09/2025	6.21 Guilden Sutton 10k	00:48:11	57
	07/12/2025	6.21 Ulverston 10k	00:48:50	54
	16/11/2025	10.00 Preston Harriers 10	01:21:32	51
	25/01/2026	10.00 St Annes 10	01:24:19	43
	15/02/2026	13.10 Great North West Half	01:54:57	36
<b>Graham Webster</b>	<b>M70</b>			<b>54</b>
	24/06/2025	5.00 Thornton Cleveleys Interclub 2025	00:38:57	54